

DESTINATIONS OF THE WORLD

# news

Essential travel intelligence

January 2019



**EXCLUSIVE:**  
BELMOND GRAND  
HOTEL EUROPE

**AFRICAN  
DREAM**  
Thundering  
vistas in Zambia

**ON THE ROAD**  
*The Lamborghini  
Aventador S*

# WORLD OF WELLNESS

JOIE DE VIVRE AT JOALI MALDIVES

HOT HOTELS



AMAZING ESCAPES



SUPERYACHTS



LUXURY CARS



# A WORLD OF WELLNESS

New year, new you? It's becoming a tired cliché but the month of January is synonymous with health, wellness and good decisions, so here's a range of wellness retreats, spas and packages for you to pamper, preen and generally improve your wellbeing in 2019



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#### 4. ALL IS WELL IN AZERBAIJAN

*Chenot Palace Gabala, Azerbaijan*

Located just three hours away from Dubai, Azerbaijan's foremost wellness facility invites guests to retrain their palate, acquire a new outlook on health and wellness and elevate their mindset on a life-altering and detoxifying journey. A visit to Chenot Palace Gabala is the perfect way to kick-start the year and eliminate any sins from the holiday season, with several programmes on offer all providing different health benefits – top picks include the three-day active detox to a 14-day metabolic optimisation programme for weight loss, all created by Henri Chenot.

[www.chenotpalacegabala.com](http://www.chenotpalacegabala.com)

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